



LEWIS COUNTY CHAMBER OF COMMERCE

February Newsletter



Chamber Members,

I hope this mild winter is treating you and your businesses well.

As you know well, many of our local businesses rely on our typically abundant snowfall to spur tourism and generate revenue. Many of us locals have a much easier time staying in where it is warm and dry during those spells though. I encourage you to get out and enjoy our local eateries on these mild days – park and walk downtown for some shopping; invite your friends to a local coffee shop; try that new hair cut you've been eyeing.

With Valentine's Day coming up, consider staying local to celebrate. We have local flower shops, local candy, locally produced wine, locally roasted coffee and locally made jewelry. We have some great Bed and Breakfasts whose owners would love to go above and beyond to give you a relaxing night away from home and a delicious breakfast.

Give them a call and let them take care of all of the details!

For schools and kids, February break is just a couple short weeks away! Are you as terrified as I am about keeping your kids occupied for a week?

Think outside of the box house! We're surrounded by opportunities for skiing, skating, snowshoeing and sliding. We have establishments ready to provide the hot chocolate afterwards. Go see a movie at the Town Hall Theater. See if you're ready to remove the bumpers at Lewis Lanes. Enjoy some of Doubleplay Community Center's indoor programming.

If you need ideas, give the Chamber a call!

Thank you for everyone who has paid your 2020 Membership dues, we are excited about what 2020 will bring!

Please note that any invoice that goes out from us can now be paid online with your credit card with a small processing fee. Kristen mentioned that some people paid the processing fee when sending in a check. If you paid that processing fee in error our plan will be to put it towards leadership initiatives in the county like Leadership Academy or Leadercast. If you prefer something else done with it please contact the office at your earliest convenience.

We're trying something new at the Chamber and sending out weekly update emails. They will hopefully cut down on email traffic from us, but are a great resource for finding out what is going on amongst member businesses.

Be on the lookout for a Valentine's edition soon!

Cheyenne Steria
Chair,
Lewis County Chamber of Commerce

Welcome!

To our newest Members!

Turin Highlands Golf Course



Turin Highlands Golf Course has been owned and operated by the Sabatini family for more than 30 years. The golf course is a beautiful USGA rated, Championship, 18 Hole Course, with a practice green and driving range. No matter your skill level we can offer a challenge to suit your needs.

Noftiers Financial Services

They offer tax or financial services, and if you are interested in contacting them for business, see the information below:
Contact: 315 804 7192

Thank you!

To all our Members who have renewed their Membership!

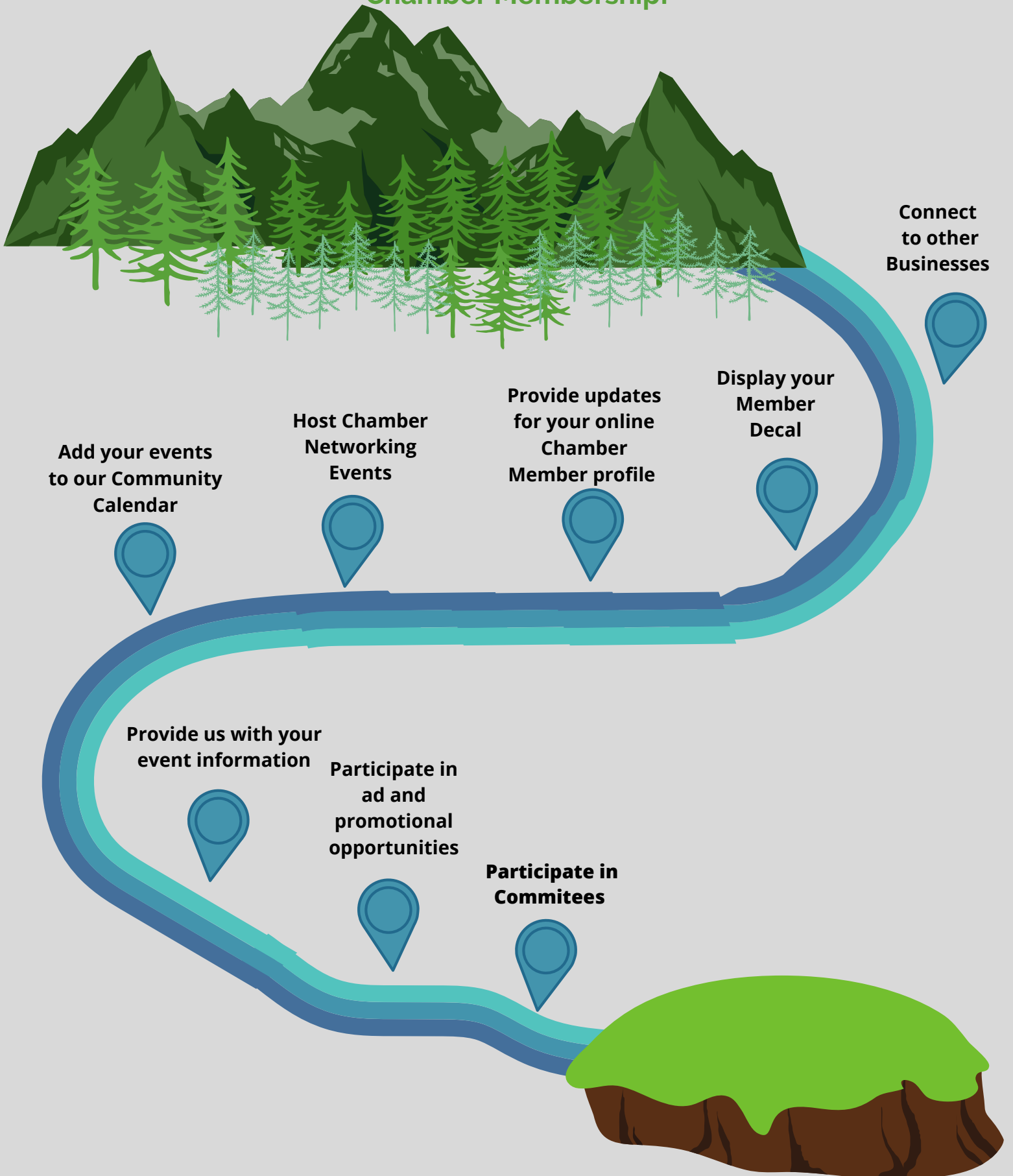
3 Willows Event Center
Adirondack Mennonite Heritage Association
Advanced Dental Care
Affordable Technical Solutions
Aldersgate Camp & Retreat Center
All Seasons Landscaping & Garden Center
American Red Cross
Amish Connection
Apple Hill Farm
Aries Chemical
Association for the Blind & Visually Impaired
Autumn Ridge Goat Farm
Bernier, Carr & Associates, P.C.
Black River Valley Four Wheeler ATV Club
Boondocks Restaurant
Brantingham Snomads Snowmobile Club
Brookside Senior Living Community
Buckingham Hardware & Great Outdoors
Burkhill Farms
Company, McArdle & Randall PLLC
CAPC of Jefferson County
Carefree Storage
CareNet Pregnancy Center of NNY
Carlowden
Cazenovia Equip.
Cedar Hedge Farm
Christman Fuel Service
Colwell's Farm Market & Garden Center
Community Action Planning Council of Jefferson County
Complete Care Chiropractic
Constable Hall
Cornell Cooperative Ext. of Lewis Co.
Coughlin Printing Group
Creative Memories Independent Advisor
Croniser, Lawrence, Philippe, CPAs, LLP
Cycle Therapy
Development Authority of North Country
Disabled Persons Action Org.
Dolhof Hardware
Double "B" Contracting
DPAO Foundation
Dr James Coffman, Attorney @ Law
Eddies Meat Market Inc.
Elizabeth and Ralph Hoch
Essenlohr Motors, Inc.

Farm Credit East
Farney's Inc - Home & Building Center
Flat Rock Inn
Foy Benefits Inc
Fred Munk
Gamble Distributors Inc
Garrison Commander's Office - Fort Drum
Gary and Diane Beller
Gary's Restaurant
Get It and Go
Glendale Lodge
Good Morning Realty
Good Ol' Wishy's
Gouverneur Savings & Loan Association
Hand in Hand Early Childhood Center
Hanno's Hometown Car & Dog Wash
Haun Welding Supply
Hidden Pastures Dairy
Highmarket Wheelers ATV Club Inc
Hopenhagen Farm
Independent Medical Evaluation Co.,
Inkwell Graphix
Iroquois Gas Transmission
jeb's Restaurant
Jefferson-Lewis Board of Realtors
Johnson Lumber Co. LLC
Judges Quarter Bed and Breakfast
Kinney Drugs
Kraft Heinz Foods Company
Kuhls Creekside Embroidery
Lewis County
Lewis County Agricultural Society
Lewis County Historical Society
Lewis County Opportunities Inc
Lewis County Soil & Water
linkinglewiscounty.com, LLC
Lisk's Florals
Lloyds of Lowville
Lowville American Legion Post 162
Lowville Farmers Co-Operative
Lowville Free Library
Lowville Sport & Farm Equipment Inc
Lowville Town Hall Theater
Lyons Falls ALIVE
Lyons Falls Tire Inc
Miller's Turf Inc
Montague Inn
Mountain View Prevention Services
National Abstract
Nexstar Broadcasting Inc.

North Country Estates Inc.
North Country HR Association
North Country Transitional Living Service
NNY Community Foundation
Nortz & Virkler
NYS Small Business Development Center
Old Mill Woodshop LLC
Oswegatchie Educational Center
Otter Creek Lodge LLC
Parkway Laundromat & Dry Cleaners
Phillip E McDowell, LCSW
Qubica AMF
Rachel Grunert - Graphic Design
Ralph & Elizabeth Hoch
RBC Wealth Management
Ridge View Lodge
Rome Teachers Federal Credit Union
Royal Custom Cabinets
RT Federal Credit Union
Simpson Fuels
Slack Chemical Company
Snow Belt Housing Co.
Snow Ridge Resort
State Farm Agency - Thomas Spaulding
Stewarts
Sunquist Funeral Home
SUNY Jefferson
The Arc, Oneida-Lewis Chapter
The Edge Hotel
The Golden Shamrock Bed & Breakfast
The Limberlost B&B
The Roz
Forest Pond Cottage
Timberview Resort Inc
Timothy A. Farley - Attorney at Law
Total Return Inc
Tug Hill Hook & Ladder
Tug Hill Wheelers ATV Club Inc
Turin Highlands Country Club & Michaels Restaurant
TYRO Automotive Inc
Upper NY Annual Conference of the United Methodist Church
Urbaniak Studio & Color Lab
Village of Lowville
Whites Farm Supply
William H Bush Memorial Library
WWNY/WNfy- TV
Young Law Office PLLC

Chamber Member Benefits

Here's how to make the best of your
Chamber Membership!



Naturally Lewis
BUSINESS
after hours

Connections & Cocktails

hosted by:

Lewis County Economic Development
Lewis County Chamber of Commerce



Join Lewis County Chamber of Commerce and Lewis County Economic Development | Naturally Lewis for the first Business After Hours of 2020: Connections & Cocktails!

When: Thursday, March 19 2020

Where: Tug Hill Vineyards Time: 5:30-7:00pm

Cost: \$5 at the door

| cash bar available | Hors d'oeuvres | Live Music by Rob Hirschey |
Naturally Lewis Prizes | Raffles | & more! RSVP by March 12th at
naturallylewis.com/events

YOU'RE INVITED!

BUSINESS LEADERS BREAKFAST

Soaring Together | STRATEGIC PLANNING
PROCESS

Lewis County Economic Development is creating an economic development strategic plan to help guide us in building a community where people want to live, work, build business and play. We want to ensure the needs of our community are addressed in a collaborative and effective way.

We are seeking your input. We want to know your best past experiences and ideas for future key opportunities to help us as we prioritize our programs and services to advance development in Lewis County. Join us for a facilitated round table session, led by Christie Andrus-Nakano, *the human factor leadership*, in sharing your ideas on exceptional economic development in Lewis County.

Tuesday, February 11

LOWVILLE ELKS LODGE
8:00-10:15AM

Please RSVP by February 4th:
naturallylewis.com/events
brittany@naturallylewis.com
315-376-3014





FEBRUARY EVENTS



February 5th - Emerging Professionals Monthly Meeting & Happy Hour at jeds at 5:30pm. Join Lewis County Emerging Professionals for their monthly meeting and happy hour!

February 6th - Grant Writing 101 Workshop at the Ramada Inn in Watertown. RSVP No Later than January 29th. Contact Natasha Gamble at United Way for more information: 315 788 5631

February 7th - Josh Breen at the Boondocks at 9pm

February 11th - Business Leaders Breakfast | Soaring Together at the Lowville Elks Club at 8am. REGISTER HERE: <https://naturallylewis.com/events>

thru February 14th - JCC Accepting Black River Review Submissions - Jefferson Community College (JCC) is accepting submissions from alumni, Jefferson students, faculty and staff for the 2020 edition of the Black River Review. The Black River Review is a journal of poetry, prose and fine arts. The deadline for volume XXX (30) is February 14, 2020.

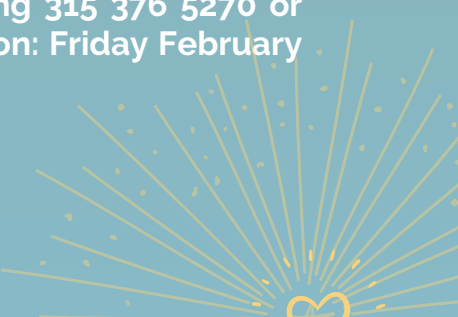
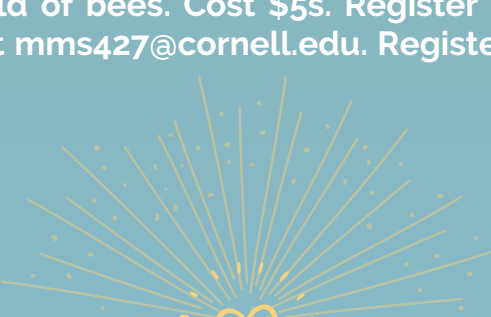

February 14th to 16th - Brantingham Winterfest in Brantingham - starting Friday at 6pm with a Bonfire at Trailside. See the Brantingham Snomads Facebook posts for more information, or check their website brantinghamnomads.org.

February 15th - Workshop: Introduction to Lightroom at the JCC Lewis County Extension at 9:00 AM. For more information on cost and registration contact: 315 786 2233 or ced@sunyjefferson.edu.

February 15th - Guided Snowshoeing at the Great Lot Sportsman's Club at 10:00 AM. Includes lunch and refreshments after. For more information or to reserve a date please contact Guy Case 315-378-7592.

February 16th - Tughill Hideaways Vintage Rally - Please note that in our previous newsletter the date was incorrect. The Rally is on the 16th and not the 10th! We apologize for any misunderstanding.

February 18th - Workshop: How to Adapt your Beekeeping at the Cornell Cooperative Ext. of Lewis County at 6pm. Learn how to adapt your beekeeping in today's challenging world of bees. Cost \$5s. Register by calling 315 376 5270 or email Mellissa Spence at mms427@cornell.edu. Register by noon: Friday February 14th





February Events Cont.

February 20th - Workshop: Financial Management for Non Profit Leaders at 8:30am at the Gouvernuer Community Center hosted by the North Country Center of Nonprofit Excellence. Contact Natasha Gamble for registration, cost, and more information: natasha.gamble@unitedway-nny.org

February 21st - Workshop: HR 101 for Managers. Designed for new managers or those needing a refresher on labor law requirements. For more information, cost, and registration contact: (315) 786-2233 or ced@sunyjefferson.edu




February 22nd - Winter Snow Ball for the Hand in Hand Center at the Lowville Elks Lodge, 1-4pm. Cost \$10 per person, and \$8 for Hand in Hand families. Contact the Director at Hand in Hand for more information: (315) 376-9414, hihecc.director@gmail.com

February 29th - Guided Snowshoeing at the Great Lot Sportsmen's Club at 10 am. Includes lunch and refreshments after. For more information or to reserve a date please contact Guy Case 315-378-7592.

March 11th - 5th Annual Feed the Community Dinner at the Lowville American Legion from 12pm-6pm. Sorry no deliveries, but take outs will be provided if you bring your own container. Come enjoy a free meal with all the fixings with your neighbor! Donations (cash or food) accepted for the Lowville Food Pantry. For more information contact Elizabeth Spaulding: 315-874-4101 or elizabeth.spaulding.f5zh@statefarm.com

March 14th - Apple IPM Workshop - Combating Pest and Diseases - at the Lewis County Educational Center at 10AM. Come learn about recent developments in integrated pest management options available. Open to the public, pre-registration is required. Cost is \$5.00. Register by calling 315 376 5270 or contact Mellissa Spence at mms427@cornell.edu

March 27th - An Evening in Paris Lewis County Hospital Foundation Gala - at the Lowville Elks Club. The evening will include dinner, dancing (to Doc Yukon) and a silent auction, and a silent auction - Trips from AMFund and live auction. The event will include a program honoring Dr. Catherine Williams and Dr. Daniel Root who will be retiring at the end of 2019. Cocktail attire is requested.





UPDATE

Introducing: Weekly eMemos

THESE WILL INCLUDE any information THAT we Have received from our members IN THE PAST week.

ENSURING THAT you are NOT overLOADED WITH info on a DAY TO DAY BASIS, and Have access TO ALL THE information IN THE same PLACE, at THE same TIME.

- sent out every wednesday
- includes any press releases received
- all information in one PLACE

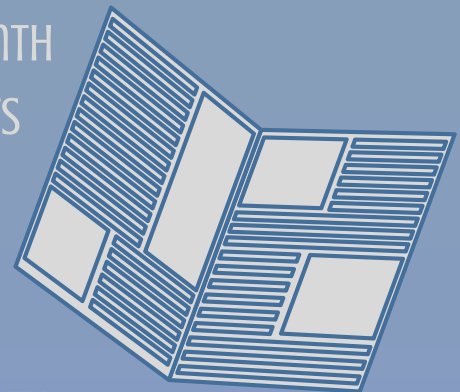
TO BE INCLUDED, THE information needs TO BE sent IN THURSDAY THE week Before !

Newsletters:

- sent out at the BEGINING or every month
- UPCOMING county and Member events
- chamber UPDATES

A fun and COMPACT reading experience!

Info needs TO BE sent IN 25TH OF THE PREVIOUS MONTH.





**IT'S A
LEAP YEAR!**



**DID YOU KNOW THAT DUE TO THE
LEAP DAY:**



VALENTINES DAY IS ON A FRIDAY

4TH OF JULY IS ON A SATURDAY



HALLOWEEN IS ON A SATURDAY

CHRISTMAS IS ON FRIDAY



AND THE



1ST OF 2021 WILL BE ON A FRIDAY

TOO!

LEAP DAY IS ON SATURDAY THIS TIME ROUND!

**FOR THOSE OF YOU WITH THE WEEKEND OFF,
WE HOPE YOU ENJOY YOUR EXTRA DAY!**



**FOR THOSE OF YOU WHO HAVE TO WORK THIS
SATURDAY, WE ARE SORRY YOU HAVE TO WORK ON
THIS EXTRA DAY OF THE YEAR!**

LOOKING FOR SOME LEWIS COUNTY SWAG?

YOU CAN FIND YOURS HERE AT THE CHAMBER OF COMMERCE!

7840 STATE ROUTE 26 IN LOWVILLE

We've got ADK Tug Hill

Travel Tumblers
Camp Fire Mugs

T-shirts

Beanies

Hats

Plaques

Ornaments

Cardigans

3/4 Fleece Zips

Kids T-shirts

and more!

Here's a peak
at our little ADK Tug Hill
shop!



5TH ANNUAL
FEED THE COMMUNITY DINNER
 SPONSORED BY
TOM SPAULDING STATE FARM
MARCH 11TH 12:00PM-6:00PM
LOWVILLE AMERICAN LEGION
FREE SPAGHETTI DINNER- OPEN TO THE PUBLIC
DONATIONS ACCEPTED FOR THE LOWVILLE FOOD PANTRY
 SORRY- NO DELIVERIES WE WILL PROVIDE TAKE OUT IF YOU BRING A CONTAINER!

FEBRUARY *Wellness Programs*

Cooking with Essential Oils - 12

6:00-8:00pm, Center for Business, Rte 26

Out of a spice and don't want to run to the store? Use an essential oil. Learn to infuse food with robust flavor, how to properly substitute essential oils for commonly used ingredients, and how to ensure you are doing it safely. Class fee: \$20

Inspired Kitchen - 19

World Tour Cooking & Healthy Eating While Traveling

6:00-8:00pm, 7751 State Route 812, Lowville

Explore Mediterranean cuisine including spices and condiments. Discover ways to eat healthier when you're traveling. Class fee: \$20.

Lunch & Learn: Sleep and Relaxation - 25

12:00-1:00pm, Center for Business, Rte 26

Learn natural methods to promote sleep, ways to relax and unwind, and explore essential oils to help manage emotions. Create an essential oil roller to take home. Explore a more natural lifestyle. Class Fee: \$10

To register: email heidi@healthandvitalityzone.com, online at www.healthandvitalityzone.com, text or call 315.775.8292

Health & Vitality
ZONE

7840 State Route 26 • Lowville, NY 13367



Healthcare Management Degree at Jefferson!

(315) 786-2437
www.sunyjefferson.edu





***Thanks for
reading!***

